

30-Day Challenge



My Health My Future

You have the power to protect your cervical health. Taking action is easy—the activities on this card will get you well on your way!

- Complete all 8 activities
- Track your progress by marking off each box
- Share on social media using #CervicalHealthChallenge

Follow us:

 *Know Your Risk for Cervical Cancer*
@PreventCervicalCancer

 *Cervical Cancer Dx*
@CxCaDx

